

INDIAN SCHOOL AL WADI AL KABIR DEPARTMENT OF ENGLISH [2025-2026]

TOPIC: PROGRESSIVE TENSES	HANDOUT

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Verbs indicate the words that show action and Tenses indicate the time at which the particular action took place.

For e.g.: I play chess every Sunday.

I played chess yesterday.

I will play chess tomorrow.

In the above examples, words such as 'play', 'played' and 'will play' are Verbs which are in **Simple Tenses**.

PROGRESSIVE/CONTINUOUS TENSES:

Progressive Tenses express actions that are incomplete or in progress. Progressive Tenses are the same as continuous tenses as they show an action that is ongoing.

There are three Progressive Tenses: Past Progressive Tense, Present Progressive Tense and Future Progressive Tense.

> PRESENT PROGRESSIVE TENSE/PRESENT CONTINUOUS TENSE:

We use Present Progressive to say that something is happening right now, frequently and ongoing.

Structure	Subject + am/is/are + (verb+ing)
Examples	I am reading a book.She is dancing.
	• They are practicing football this week.

PAST PROGRESSIVE TENSE / PAST CONTINUOUS TENSE:

Past Progressive Tense indicates ongoing/ continuous actions that were happening in the past at a specific time before another action began.

Structure	Subject + was/were + (verb+ing)
Examples	 I was drawing yesterday evening. We were singing when the bell rang. He was baking a cake when the guests arrived.

FUTURE PROGRESSIVE TENSE / FUTURE CONTINUOUS TENSE:

Future Progressive Tense indicates continuing actions, something that will be happening, going on, at some point in the future.

Structure	Subject + will be + (verb+ing)
Examples	 I will be sleeping at 10 p.m. She will be reading a story during the library period. He will be dancing at the event this evening.

